MY STUDIES ABROAD

SPAIN - VALENCIA UNIVERSITY

EDEM

STUDENT(S): Aude
LANGUAGE(S): English
LEVEL: B2
TEST: TOEIC

MY CAMPUS & SCHOOL

EDEM is a nice school situated next to the beach, on the harbor. It is really a nice place to study. There was a cafeteria to eat with nice lunches and snacks, the library was open 24/7, which is nice to work in. However, we thought the rules were really strict compared to France. We had a class (Strategic Thinking) which we didn't understand the point of, we didn't feel we learned anything. Apart from that, the other classes were fine, not too difficult, and you can choose from a large choice of classes when you arrive. Concerning the handling of Covid, EDEM reacted really fast and we started online classes quickly, with the same schedule. For exams, we and the Spanish students were not really happy about it. We felt the teacher didn't make changes to adapt to the situation, but most of all, we were filmed which is illegal because of a European law, and they lied about it (they told us all the schools in Spain did that, but none of our friends in the University of Valencia or Madrid were filmed at any point).

MY COURSES & ACTIVITIES FOR INTERNATIONAL STUDENTS

The welcoming team for international students was really nice and always available to help us at anytime during the semester. The international team organized a few activities for us to visit the city and discover the Fayas (an annual big event like ferias). There were 12 international students, which is few but it allowed us to be mixed in with Spanish students, which was not the case at Valencia University. In general, the professors paid attention to us and were available to help us if we needed anything. They made sure we were mixed with Spanish students when there was group work to do. There was also a Spanish class available to improve our level, but it was for beginners in Spanish, like A1.

MY MONTHLY BUDGET: 700€

My travel expenses to my host university: 100€
Housing: 350€
Internet & telephone: 10€
Food: 90€
Leisure: 80€

MY ADVICE-TIPS

We recommend going to EDEM school instead of Valencia college because you are really immersed with Spanish students and it's better to improve the language and to be in a real Spanish school.

WHAT I LIKED MOST

Valencia is really nice. It is not a big city in which you will feel oppressed, it is really airy and green. There is a 7km park built in a former river that crosses the whole city. There is a beach. There a really nice old center. It is a human-sized city but big enough to find whatever you like, there is something for everyone. We couldn't do it because of Covid, but Fayas is a big cultural party over several days. The climate is also really nice.

WHAT I LIKED LEAST

There isn't anything we disliked about Valencia, but also maybe because, due to Covid, we didn't stay long enough to really spot anything we didn't like.

Website: https://edem.eu/
**MY CAMPUS & SCHOOL**
I only got to see the campus once but it looked professional, students are working students at FOM so there weren’t many in a class (10 people).

**MY COURSES & ACTIVITIES FOR INTERNATIONAL STUDENTS**
- Business Ethics
- Essential Business English
- Professional Business English
- Strategic Management
- E-commerce & Mobile Commerce

**MY MONTHLY BUDGET:**
- My travel expenses to my host university: 500€
- Housing: 480€/month
- Internet & telephone: 15€
- Food: 250€
- Transportation: 80€/month
- School supplies:
- Leisure: 150€

**MY ADVICE-TIPS**
Book your room in advance, it has hard to find a room in Berlin.

**WHAT I LIKED MOST**
- The city
- Meeting new friends

**WHAT I LIKED LEAST**
- The online exams: I had to write Science papers in English which was difficult but it taught me a lot.
- The coronavirus crisis

**Website:** https://www.fom.de/hochschulzentren/studium-in-berlin.html
MY CAMPUS & SCHOOL

The campus is very large. Fortunately when we arrived we each had a guide that enabled us to quickly get our bearings on the university site. There is a free library in the centre of the campus where we have almost all the literature we need in class and work rooms for group work before oral presentations, for example. You just have to reserve a room a little in advance. Each mini-room has a television set so that you can preorganise your presentation. In the same building there is also a cafeteria (be careful, the prices are quite expensive) where you can meet for lunch. Otherwise the campus itself is in a Nordic style but the interior is very modern, which is quite pleasant to work in.

MY COURSES & ACTIVITIES FOR INTERNATIONAL STUDENTS

The courses we had were Marketing and Retail Management, Strategic Management, Strategy Innovation and Product Development, Business Ethics (Mathis)/ Louanne. The courses were period-based, i.e. we started with a subject from January until February and so on. The course week was not very busy in terms of timetables because most of the time a week was about 8 hours of face-to-face classes. Outside of class we had to read books, which can take a lot of time because the books are quite thick. In terms of activities for international students in the city there are many places to go out like the Grant or the Banken which are bars/nightclubs where we all meet. The university is planning a week of integration with the international students which is really good with lots of activities like bowling or meals together. Then there are many sports offered throughout the week there is something for everyone. Finally two trips are proposed: one in Lapland for 580€ (snowmobile, sled dog, sauna, and we had the chance to see the Northern Lights), the second is a cruise in April Stockholm - Helsinki that we unfortunately didn’t have time to do, this trip is more affordable: 200€.

MY MONTHLY BUDGET:

- My travel expenses to my host university: 630 € without travel
- Housing: 320 €
- Internet & telephone: 10 €
- Food: 80 €
- Transportation: 60 €
- School supplies: 20 €
- Leisure: 150 €

MY ADVICE-TIPS

I strongly recommend that you have an international credit card: inform your bank in advance in order to get the best possible deal because in Sweden most payments are made by card. Some institutions refuse cash. Since Swedish currency is not the euro, bank charges may be higher, so it is necessary to take care of this before you leave. When you arrive, don’t be surprised by the prices displayed, in fact you have to divide the amount by 10 to get the equivalent in euro. Also I advise you not to listen to the comments that will tell you that it is very cold in Sweden, maybe further north, but in Kristianstad the temperatures are average. We didn’t have a very rough semester in terms of temperatures. Except that we have to expect a late spring. Temperatures remain low in April and May. So don’t take moon boots thinking of going to the far north unless you plan to make the trip to Swedish Lapland usually offered by the partner university.

WHAT I LIKED MOST

- The Swedish atmosphere, the mood is peaceful. Swedes are very polite and respectful, in public places as well as at the university they are always ready to help and understand that we don’t speak the language of their country. They are very nice and much less moaning.
- The healthy student/teacher relationships: students are more than respectful and teachers are very much present for their students. The planning of courses, generally we had one course per month.

WHAT I LIKED LEAST

- The coronavirus crisis occurred during our exchange in Sweden, so we were not able to benefit from our experience as a whole. Many students had to return to their home countries because of health safety measures. As a result, we were only able to experience a small part of what we should have discovered.
University life was very enriching due to the different teaching approach and lessons in English. The administrative system is well organized thanks to the dedicated websites and the Tuttoo application. Courses are run very differently from in France. Each course has several modules and several teachers. For example, for «International Marketing Competencies» we had 3 courses: Marketing Management, Marketing Communication and Marketing Research, with different teachers and other speakers. It is also very different as there is almost a «friendly» relationship with the teacher, you are on a first-name basis, you can interact with the teacher at any time during the course, if you want to go to the bathroom or leave you can and you don’t need to ask. The atmosphere is much more «relaxed», I find that there are globally less demands made.

Among the courses we took and recommend are German, Doing Business with Russia and International Marketing Competencies.

In terms of activities, you have to go to Lapland, see the Northern Lights if you have the chance, ice-swimming, sauna, ice skating, drinking coffee, hiking in the snow, walking on the frozen sea, and of course go to the Karlee club.

The assessment we make of our stay abroad is that of an extraordinary experience and we weigh our words, because we were told a lot before we left and we confirm from a cultural, relational and human point of view it is the best experience we have had. Unforgettable encounters, we were not only immersed in a country with a different culture but we also learned about a lot of other cultures and history through the erasmus students we met, we improved our English, we also had a very different teaching approach than in France.

There’s not much to be said for this category. The involvement of Finns in group work and the price of certain foodstuffs such as very expensive alcohol.

Before you leave, you should find out about accommodation, university, culture, climate, cost of living, etc. If possible get in touch with students who have already been there. For those who wish to go to Oulu I recommend the PSOAS accommodation because it is cheap and all the other Erasmus students are there. Plan trips around or in Finland as soon as possible.

The website of the University of Oulu is www.oulu.fi.

Website: www.oulu.fi
CZECH REPUBLIC - PRAGUE

UNIVERSITY
Czech University of Life Sciences - CZU Prague

MY CAMPUS & SCHOOL
Prague is a student city with many universities. The CZU is one of the most important, especially known for its Environment courses. The campus has seven faculties and more than 10,000 students. Each faculty is associated with a colour, which makes it easier to find your way around. There are also several cafeterias (within each faculty), bars, a farm, a shared garden and even a

MY COURSES & ACTIVITIES FOR INTERNATIONAL STUDENTS
The mode of teaching is different from France, particularly with regard to the grading system and the distribution of courses. Blocks of courses are organised, consisting of one week of intensive courses with the exam at the end of the week. Grades are awarded from 1 to 5 with 1 being the highest grade. The same applies to the method of teaching, where the lesson has to be worked on before the course and during the course there is an analysis and discussion with the teacher. The courses we took were very interesting and in spite of the situation the teachers were very attentive and understanding. We also had the opportunity to choose our courses with our time slots, which leaves a lot of free time for work and activities. Most of the erasmus students have

MY MONTHLY BUDGET: 585€

My travel expenses to my host university: 100 €
Housing: 450 €
Internet & telephone: 0 €
Food: 100 €
Transportation: 5 €
School supplies: 0 €
Leisure: 30 €

MY ADVICE-TIPS
Concerning housing, it is essential to start in advance: social network groups exist and organizations offer apartments or rooms for erasmus students. On-campus housing is to be avoided: it is far from the city centre and rooms are shared. Concerning payments, when making withdrawals and payments please have a free withdrawal card abroad (the currency is the Czech koruna and

WHAT I LIKED MOST
Prague is a city where you can easily find your way around the city on foot. You feel safe in

WHAT I LIKED LEAST
Czechs are not very good with English, so we had to take Czech lessons to make ourselves understood in everyday tasks. Czechs don’t smile and seemed cold at first.

Website: https://www.czu.cz/en/
**UNIVERSIDADE EUROPEIA DE LISBOA**

**STUDENT(S):** Priscille - Virginie - Kylian

**LANGUAGE(S):** English

**LEVEL:** B1

**TEST:** TOEIC

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**MY CAMPUS & SCHOOL**

Universidade Europeia de Lisboa belongs to «Laureate International Universities » which is the largest worldwide higher education network (with 19 countries). With three campuses in Lisbon (Quinta do Bom Nome, Santos and Lispolis) the school offers Bachelors and Masters specialized in Tourism, Sport, Law, Marketing, Management Design etc. In addition, those campus are focused on the international dimension and highlight partnerships with other institutions like IPAM in order to improve the quality of courses. Note that public transport serves the place well and subway/bus stations are nearby.

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**MY COURSES & ACTIVITIES FOR INTERNATIONAL STUDENTS**

We were very well received from the first day with an integration week: a welcome drink with a tour of the campus, a guided tour of Lisbon, goodies etc. We took a Marketing Bachelor’s degree course with social media and digital communication, brand management, international marketing... The courses are very accessible in terms of level, it is not necessary to have done marketing beforehand for this bachelor for example. The only downside is the Portuguese accent that sometimes takes over a bit on English but the English remains very understandable. The course is graded using continuous assessment, with some teamwork and final exams.

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**MY MONTHLY BUDGET:** Approximately €730

- **My travel expenses to my host university:** €180
- **Housing:** €600-500
- **Internet & telephone:** International phone package (€12)
- **Food:** €400-500
- **Transportation:** €22.50/m with student discount
- **School supplies:** €100-150
- **Leisure:** €100-150

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**MY ADVICE-TIPS**

You need to pay attention when signing a rental lease. Following our hasty departure from Portugal due to coronavirus, we realized the importance of clauses in rental contracts. It is therefore essential to find out before signing the contract that you are covered in case of unforeseen events and not to be obliged to continue paying rent. Secondly, payments are mostly made in cash including rent, so you should not be surprised and think of having cash on you, but there are many ATM machines available in the city. The most convenient is the Millenium bank because there are no international fees unlike other banks in Portugal. It is important to inquire directly upon arrival in Lisbon about the Lisboa Card in order to get a transport pass quickly. The monthly pass for students is very advantageous (only 22.50€). Without a season ticket, the cost of transport can quickly become expensive at the beginning, so you have to go to the ticket office early on (fill in the form by the university and have a passport photo for example). Finally, it may be interesting to look at the activities offered by Erasmus associations in Lisbon. It can be advantageous from a financial aspect because these associations offer events and trips at a lower cost (Nazare, Porto, Algarve) on the condition, of course, that you buy a membership card beforehand.

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**WHAT I LIKED MOST**

- A cheaper cost of living than in France (coffee: €0.50-0.90)
- A sunny city full of activities (Castelo de São Jorge, Praça do Comércio, Ponte 25 Abril, Cristo Rei, Torre de Belém, Tage)
- A welcoming Erasmus community (ex. ESN association)
- Delicious Portuguese gastronomy (pasteis, bacalhau, francesinha, bifana...)
- A comfortable place to live and study (bars, coffees, museums, restaurants, malls, parks...)

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**WHAT I LIKED LEAST**

- The coronavirus crisis
- The University is far from the city centre
- We didn’t have a lot of choice concerning subjects taught because almost all courses were oriented towards marketing

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**Website:**

https://www.europeia.pt
https://www.europeia.pt/en
We were at the Business School and the Faculty of Economics, which are about 40 minutes by bus from the city centre. These are 10 minutes from the Sauletekio dormitories. Next door are the faculties of Law and Physics. The library is a stone’s throw away and is open 24 hours a day, 7 days a week.

There are many course choices and it is possible to have access to courses given by other universities. We took courses in CSR and Ethics, International Business, which complement the courses offered by IAE. Other courses such as International Protocol allowed us to study something different and discover other cultures by highlighting their importance in the business world.

ESN organizes trips especially for students. It is a real opportunity to discover new horizons through an organized trip. At the beginning of the semester, various evenings and activities are organized to discover the old city and to help students integrate and start the semester well.

The University of Vilnius is easy to reach and provides good support to foreign students. The Covid-19 crisis was handled very well, we were able to follow the courses and take our exams in optimal conditions.

**MY CAMPUS & SCHOOL**

We were at the Business School and the Faculty of Economics, which are about 40 minutes by bus from the city centre. These are 10 minutes from the Sauletekio dormitories. Next door are the faculties of Law and Physics. The library is a stone’s throw away and is open 24 hours a day, 7 days a week.

The cost of living is relatively low and when you arrive at the airport you can get to your accommodation by “Bolt” (cheaper than taxis and Uber) for a very reasonable price and much faster than by bus.

Concerning the student card, you may not be able to order it because you do not have a Lithuanian phone number. Your buddy will be able to help you to order it, don't hesitate to ask for it (even before leaving).

From Lithuania there are flights at attractive prices that can allow you to discover many countries such as Russia or Jordan. There are also regular buses which link Vilnius to the two other Baltic capitals (Riga and Tallinn).

A sponsor is assigned to each student who wishes it before departure. ESN students arrange to pick us up at the airport. They answer all our questions and facilitate our integration. Moreover, the first week is dedicated to discovering the city, the university and the students through different activities.

There are some very nice places in old Vilnius such as the Uzupis district, the Hill of the 3 Crosses...

**MY COURSES & ACTIVITIES FOR INTERNATIONAL STUDENTS**

There are many course choices and it is possible to have access to courses given by other universities. We took courses in CSR and Ethics, International Business, which complement the courses offered by IAE. Other courses such as International Protocol allowed us to study something different and discover other cultures by highlighting their importance in the business world.

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The University of Vilnius is easy to reach and provides good support to foreign students. The Covid-19 crisis was handled very well, we were able to follow the courses and take our exams in optimal conditions.

**MY ADVICE-TIPS**

When you opt for the dormitories, only sheets are provided. You must therefore buy kitchen utensils and the necessary items to facilitate your arrival.

The cost of living is relatively low and when you arrive at the airport you can get to your accommodation by “Bolt” (cheaper than taxis and Uber) for a very reasonable price and much faster than by bus.

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**MY STUDIES ABROAD**

LICENCE ECONOMIE GESTION PARCOURS MANAGEMENT

LITHUANIA - VILNIUS UNIVERSITY

Business School of Vilnius University

**STUDENT(S):** Anne-Laure & Florent

**LANGUAGE(S):** English

**LEVEL:** B1

**TEST:** TOEIC

**MY MONTHLY BUDGET:** €220

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<th>Item</th>
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<tr>
<td>My travel expenses to my host university</td>
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<tr>
<td>Housing</td>
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<tr>
<td>Internet &amp; telephone</td>
<td>€5/wifi + €10/phone package</td>
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<tr>
<td>Food</td>
<td>€40 per month</td>
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<tr>
<td>Transportation</td>
<td>€5.80 for 30 days</td>
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<tr>
<td>School supplies</td>
<td>€0</td>
</tr>
<tr>
<td>Leisure</td>
<td>€100</td>
</tr>
</tbody>
</table>

**WHAT I LIKED MOST**

Lithuanians are cold people. It is a little disturbing, but it is their culture. They are more open when they their interlocutors are familiar to them.

Lithuania is otherwise known as the “land of rain”. It is true that the weather is very changeable and it is common to have rain, snow and sun in the same day. You have to be patient because the heat and good weather do not arrive until June.

**Website:** https://www.vu.lt/en/
ENGLAND – LIVERPOOL
University of Liverpool

STUDENT(S): Antoine
LANGUAGE(S): English
LEVEL: C1
TEST:

MY CAMPUS & SCHOOL

The University of Liverpool is located close to the city centre. The campus is divided into three parts and is big. Everything is really modern and comfortable to use. If you are lost, which is not surprising, there is an app on your smartphone to find your way within the campus so it’s really convenient. You are part of the Management School and John Green, who is in charge of international students, is really caring and helpful. He will give you advice and help all the time. You should join one of the multiple societies within the campus like the cooking society or the debate society.

MY COURSES & ACTIVITIES FOR INTERNATIONAL STUDENTS

I took 4 classes in Liverpool: Public Relations and Writing Practices, The Football Business, Strategic Management and Business Policy, Business Ethics. All the courses require a lot of work, mostly alone except for the Strategic Management and Business Policy module. The way English students work is different than the French way. While we emphasise on practical, the English are more focused on theory and you’ll have to do huge research before writing your essays and reports. The use of the library is strongly advised. Everything is online though, so you do not have to be in the buildings. Unfortunately, the COVID-19 pandemic put a stop to my stay in Liverpool. But everything was perfectly handled by the University and all the online lectures went smoothly.

MY MONTHLY BUDGET:

My travel expenses to my host university: 200€ round-trip
Housing : £ 142/week
Internet & telephone : 15 €/week
Food :
Transportation : £ 1.30 bus ticket
School supplies : £0
Leisure :

MY ADVICE-TIPS

Try not to stay with French students, you are abroad so get out of your comfort zone! You’ll find that quite frightening at the beginning but then you’ll love it. I promise you. Doing your semester abroad in Liverpool will allow you to discover a fantastic, historical and kind city. The scousers are sometimes (often) hard to understand at first because of the accent and the vocabulary. I strongly advise you to choose to stay in the University accommodation at Tudor Close. It’s like a little village with only international students. You’ll live in a house with 5 to 7 students, all international which will allow you to discover new cultures and improve your English really fast. Everybody shares everything. By living in Tudor Close, you’ll be literally in front of the University and 10 minutes away from the city centre and Bold Street where you’ll find the best bars and restaurants of the city. Liverpool is full of secret places, bars, clubs and restaurants to discover. The Liverpudlians are really warm and generous.

WHAT I LIKED MOST

- Being only with international students
- The way classes are taught
- The life in Liverpool
- To discover small and lowkey restaurants

WHAT I LIKED LEAST

- The weather (quite a surprise) is totally random. It’s raining cats and dogs and 10 minutes later the sun is out. It’s also really windy.

Website : www.liverpool.ac.uk
**MY CAMPUS & SCHOOL**

Lycoming College is located in Williamsport, central Pennsylvania. It is 3 hours away from New York and from Philadelphia. It is a very small campus since there are only 1200 students there. The campus is one of the 50 oldest in the United States, it was established in 1812. You’ll find everything you need on campus: the dining rooms, the dorms, the classrooms, the ‘rec center’ which is where you can do sport and the library.

My semester started in January and it was really cold, it was around -15°C and it snowed a lot.

**MY COURSES & ACTIVITIES FOR INTERNATIONAL STUDENTS**

I had to take four different classes: Introduction to Psychology, Digital Marketing, Organization Behavior and Corporate Communication which were all very interesting and different from what we study in France. It was less theoretical and more interactive. Lycoming College offers a lot of activities on campus, every weekend there is something going on (games, parties etc.), and there are a lot of events throughout the week. They also offer day trips to New York, Washington, Philadelphia and other cities. For spring break, you can go to Florida, New York or other places and it is very cheap.

The school makes it very easy for you to meet new people and make new friends, Americans are very friendly and people are always there to make your trip unforgettable. You also meet a lot of people thanks to your classes, other students are always happy to help you if you need anything. There are not a lot of international students at Lycoming College so they really do everything to make you feel comfortable.

**MY MONTHLY BUDGET:** The whole trip was around $9000

- **My travel expenses to my host university:** $400
- **Housing:** $750 per month included in the school fees
- **Internet & telephone:** free with student ID
- **Food:** $750 per month included in the school fees
- **Transportation:** $150 for the semester

**MY ADVICE-TIPS**

My advice would be to participate in any activity/event that the school offers so that you can meet a lot of people and discover a lot of new things. Since the weather is pretty cold at the beginning of the semester, my tip would be to pack a lot of warm clothes and snow boots as well.

Another piece of advice would be to do your homework ahead of time because you have way more things to read than in France and it takes time. The library is also a very good place to go if you need people to help you with your writing.

Don’t be scared to talk to people even if you don’t know them, they will always be willing to hang out with you and help you discover new things.

**WHAT I LIKED MOST**

- The school spirit, everyone is proud of Lycoming College.
- Americans are very friendly and open-minded.
- The activities and events that are available on campus.

**WHAT I LIKED LEAST**

- The weather, it is very cold in Pennsylvania (around -15°C).
- The food, it is a little bit different than what we are used to in France.
DENMARK - Odense

University College Lillebaelt, UCL, Odense

MY STUDIES ABROAD
LICENSEE ECONOMIE GESTION PARCOURS MANAGEMENT

STUDENT(S): Louis, Simon-Pierre, Louis-Hugo

LANGUAGE(S): English
LEVEL: B2
TEST: TOEIC

MY CAMPUS & SCHOOL
UCL is located in the city center of Odense. The campus is brand new and very pleasant to live in. The facilities are recent. There is a cafeteria in the school which allows you to eat during the lunch break and have a snack throughout the day. The school is easy to get to by bike and bus. There are many foreign students in the school who are doing their full studies in Denmark. Friday is a very festive day in Denmark, all the students meet in the school to do activities around one (or more) beer(s), the students mix and this allows you to meet other students from other courses.

MY COURSES & ACTIVITIES FOR INTERNATIONAL STUDENTS
We followed the International Sales and Marketing module. The courses were based on principles already seen during our various courses in France, and gave rise to further studies, in particular with Danish theories. The teachers are very good and patient. For example, all students call teachers by their first name. The exams are based on personal work and work submitted throughout the semester. Despite the events related to Coronavirus, our courses were hardly impacted, because they already use digital media (partial and courses), so we did not have any problems having our courses online. We all signed up the Odense's ESN office to take part in student events, but following lockdown, we were unable to participate. Evenings were quickly canceled, so were trips and other events.

MY MONTHLY BUDGET:

<table>
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<tr>
<th>Category</th>
<th>Amount</th>
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<td>Housing</td>
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<td>Internet &amp; telephone</td>
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<td>Food</td>
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<td>Transportation</td>
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<tr>
<td>School supplies</td>
<td>100 €</td>
</tr>
<tr>
<td>Leisure</td>
<td>0 €</td>
</tr>
</tbody>
</table>

MY ADVICE-TIPS
We recommend renting a bike as soon as you arrive with Swapfiets, they are very good and very affordable, they are used to students. The bus is very expensive, € 3.50 an hour ticket. Shop in cheaper supermarkets, because prices vary a lot between stores, for example Lidl is great value for money. Overall be respectful with the Danes as they are very welcoming. Odense is not an Erasmus city, activities are limited and the weather is not good. We do not necessarily recommend KBS (the host), if it is possible to find an apartment in the center of Odense (Facebook groups will help you like International Student in Odense etc).

WHAT I LIKED MOST
The people are welcoming and it's easy to make Erasmus friends. The university bar is friendly and inexpensive. A gym is available free of charge, as well as a sauna.

WHAT I LIKED LEAST
There is a lack of activities in Odense. The weather is rarely good, so it's difficult to go far from your home. The courses were few, and are very often shortened.

Website: https://www.ucl.dk/
MY CAMPUS & SCHOOL

The university is huge. It is located 20 minutes walk from the city center. It is conveniently located and accessible by bus. There are many student associations within the university. Both sporting and humanitarian. It welcomes many students from many countries and has a real community.

The students are invested in the university and always propose tournaments, contests, parties, help and good plans to help the greatest number of people get involved in the university. DKIT is the emblem of the university, because all students have free access to this huge sports hall which has: spa, jacuzzi, football fields, a gym etc.

MY COURSES & ACTIVITIES FOR INTERNATIONAL STUDENTS

The courses are diverse and varied. I had 5 courses: English, Management, Accounting, Quantitative Techniques, Life Skills, Creativity-Innovation and Teamwork. They were all very interesting and the teachers were all very nice. They put a lot of effort into making it understandable, they were good teachers. At the beginning of our stay, the Erasmus students took part in 3 days of integration. On the first day, we discovered the campus and did activities around Irish culture such as Gaelic football. On the second day, we did activities all together to get to know each other better. On the third day, we visited a nearby town to discover the beauty of the Irish landscape.

MY MONTHLY BUDGET: 700€

My travel expenses to my host university: 200€
Housing: 400€
Internet & telephone: 20€
Food: 80€
Transportation: 50€
School supplies: 10€
Leisure: 100€

MY ADVICE-TIPS

Shopping tip: Go to Lidl or Aldi as these are cheaper.
Tip for buses in Dundalk: Take a rechargeable bus pass (the pass is called leapcard) as it is cheaper than paying for one ticket per journey.
Tip for travel outside Dundalk: See the BusEireann website as there are often student discounts.
Tip for getting home when there is no more public transport: Taxis in Dundalk are not very expensive, it’s about 7 euros per trip.

WHAT I LIKED MOST

I loved studying at that huge college. The teachers were great and very helpful. The university had a lot of facilities like a big gym: DKIT SPORT. There was a large canteen, a large library and lots of discounted tours. The city is an hour's bus ride from Dublin. Buses are not expensive at all and there are a lot of big cities nearby.

WHAT I LIKED LEAST

I didn't adapt well to the climate and the people who lived there. I found the people were not nice and not very talkative. The town was small and there wasn't a lot to do.
MY CAMPUS & SCHOOL
The university is located on a small campus in the centre of Montevideo. The school building is really beautiful. The semester does not start until March but in January a buddy is assigned to help us. There's a cafeteria on site, but it is pretty expensive.

MY COURSES & ACTIVITIES FOR INTERNATIONAL STUDENTS
The courses are very interesting and a good level. Foreign students are very well integrated. Teachers are accessible, which is very pleasant when you don't understand everything. The first 2 days are reserved for the integration of foreign students.
During the whole year, you can do sport and take part in a week-long associative outing to help an orphanage. On the other hand the online courses because of the coronavirus are much less interesting and it is much more complicated to get help.

MY MONTHLY BUDGET: 600 €

My travel expenses to my host university: 900 €
Housing : 400 €
Internet & telephone : 15 €
Food : 150 €

Transportation : 30 €
School supplies : 80 €
Leisure :

MY ADVICE-TIPS
You have to be careful with your budget. Housing and food are more expensive than in France. Don't hesitate to ask your buddy to help you find accommodation.
In Uruguay winter starts in June and it can get really cold.

WHAT I LIKED MOST
The city with all its beaches is very pleasant.
The university is very nice.
Everyone is really friendly.

WHAT I LIKED LEAST
Online courses.

Website: http://www.um.edu.uy/international/
**MY CAMPUS & SCHOOL**

The campus of Kristiansand is literally surrounded by lakes and forest which is really great. You can go for a hike quite easily. There are two grocery stores really close to the campus as well, a sports center called « Spicheren » which is enormous, you can join and have access to a swimming pool, the gym, a climbing wall and so much more for 35€/month. There is also a bus stop right by the campus that enables you to go into the city in few minutes or to a commercial zone (shopping center, bigger grocery stores, IKEA etc.) You can either have accommodation on the campus, in the city center or near the campus. The University of Agder offers many different disciplines: a School of Business and Law, Teacher Education, Engineering and Science, Social Sciences, Fine Arts, Humanities and Education and Health and Sport Sciences. The school has 13,000 students. The University is very modern which makes it really pleasant and nice to work in.

**MY COURSES & ACTIVITIES FOR INTERNATIONAL STUDENTS**

As exchange students we had to choose Bachelor level courses within the selection of courses in SPRING 2020. Each course counts for 7.5 credits, we need to take at least 4 courses in order to get 25 credits in total. Every class was taught in English. We were evaluated with different group assignments and some presentations and we had a final exam: a case study to answer in the form of an essay. Regarding activities, as we said before, you can easily go for a hike or for a run around the campus, you have access to a sports center and the ESN association enables international students to meet people by organizing parties, hikes, trips etc.

**MY MONTHLY BUDGET:** 700-800€/month

- **My travel expenses to my host university:** 500€
- **Housing:** 4320NOK (430€)
- **Internet & telephone:** Internet included / Telephone 20€
- **Food:** 150€
- **Transportation:** 50€
- **School supplies:** at least 50€/book if needed
- **Leisure:** 100€

**MY ADVICE-TIPS**

If we can give you one piece of advice: join as many events organized by ESN as possible, especially at the beginning. Indeed, it's during those events that you will meet all the other exchange students and make friends!

**WHAT I LIKED MOST**

I loved the nature, the Norwegian mindset and way of living. They are very sporty and nice when you get to know them better. I also very appreciated all the events organized by ESN. As I previously said that enabled us to meet the majority of our friends for this semester and we had lot of fun during those events. That was very good sharing moments with people from all around the world.

**WHAT I LIKED LEAST**

The cost of living in Norway. As the purchasing power is very high, when you arrive you will find everything very expensive. Take that into consideration when you set your budget for the semester and while choosing the country you want to go to. Prices are usually twice as high as in France.
The University of Valencia is the leader in the Erasmus exchange program, and is currently the public university receiving and sending the largest number of Erasmus students. The University of Valencia is composed of 3 different campus. I was studying in the faculty of Economics which is located in the "Campus of Tarongers" in Blasco Ibanez. This campus is easy to access by bus, tram and bike. I had all my courses in the same building (faculty of Economics). There is a very big library on my campus, right in front of the faculty of Economics, which is known as one of the best university libraries in Spain.

The courses I chose were Financial Statement Analysis, Strategic Management, Financial Mathematics, Marketing Communication and Commercial Management. All my courses were taught in English (because I chose to take them in English). The course system is similar to France: during the week, I had one theory class and one practical class for each course. But the evaluation system is different: one grade for the theory (which is the final exam) and one grade for the practical work (which is usually the grade of the group project you work on during the practical classes). It is important to know that in Spain, you have to validate the theory AND the practical part: if you fail one of them, you fail the subject (course); you cannot compensate. Unfortunately, due to COVID-19, I stayed only 2 months in Valencia. Back in France, we continued the courses, online. We had one theory class during the week for each course by video call. For the practical part, we had to work on our project alone, but the teachers were available for meetings (by video) if we needed any advice or help. The teachers were very understanding and made a lot of effort to help the situation have less impact on our studies. I am very grateful for that.

There are a lot of activities offered to international students: the ESN (Erasmus Students Network) organizes a lot of trips, activities and parties.

I only spent a month in Valencia, so I don’t know the city very well. My advice would be to get accommodation around Blasco Ibanez, since it is the place where the majority of Erasmus students live, it is a very lively place, and it is near the University. Concerning housing, be careful who you rent from, because there are a lot of scams in Spain. I found my roommates through a post on Facebook as a student was leaving her room. It was reassuring because I could deal directly with her.

As soon as I arrived, I loved the city: Valencia is a very lively city, you will always find something to do! In a month, I met a lot of people of different nationalities at the University. My roommates were all from different countries, which was really nice! Finally, if you like to walk, you can almost do everything on foot in Valencia: I rarely took public transport.

From my one month experience, I can’t say there is anything I did not like. Maybe, I could say that the service was sometimes slow (bars, restaurants).
The University of Almeria is a large and new university. It is located by the sea, which is quite pleasant. On campus, there are several cafeterias, a bank, a gym with a swimming pool, various clubs (reading, cinema ...), grocery stores ... The students use the teachers' first names. Teachers are generally available and understanding.

### My Courses & Activities for International Students

My courses were related to marketing, human resources, and management. I took 3 out of 5 courses in English and the other two were in Spanish. I decided to make this choice in order to continue using my English while speaking Spanish. It was difficult to attend remote courses because of the bad internet connection. Some of the teachers were sympathetic to the students who had difficulties connecting, while others were less so. At the beginning of my Erasmus time, I found that there was very little information about how the university worked. For example, we did not know how to register for the half group. It was a bit of a stressful start, but it was soon solved.

Many different activities were organized for Erasmus students by the ESN organisation. There were big activities like the integration weekend, the trip to Morocco, the day at the carnival in Cadiz but also small activities like paella by the sea, beach volleyball, or just meeting in a bar to eat tapas.

### My Monthly Budget

My travel expenses to my host university:
- 300€ all inclusive (rent, charges, leisure, transport ...)
- 200 € to go to Almeria (plane + taxi)
- 600€ the rent change not included
- 600€ deposit (so I made a flat share with the two other French students not included in the accommodation)
- Price significantly lower than the French price

Transportation:
- 15€ for the bus card (to be paid once) + 27 € per month for the subscription
- Some teachers ask students to buy a textbook to follow the course

School supplies:
- 15 euros access to the university sports hall with swimming pool

Leisure:
- To find accommodation before arrival (less stressful)
- Don't hesitate to take a taxi if you need it, the prices are very affordable (15 euros for about 10km).
- Although the airport is not far, it is very poorly served by buses, I advise you to take a taxi to get there.
- Do not drink tap water
- Take some warm clothes
- Be open to others to create a circle of friends (Spanish and Erasmus) to avoid loneliness.
- Do not hesitate to speak (English or Spanish) even if your language level is low, everyone is in the same situation and practicing can only help you to learn and improve.

### What I Liked Most

What I preferred during my Erasmus period was to meet new people from very different countries (Mexico, Croatia, Poland, Ukraine) and to be able to exchange with them about their lifestyles and cultures. I found it very interesting. With COVID, I was only able to do the integration weekend in Murcia but for me it was one of my best memories. Almeria is a very family-oriented city with a large majority of students.

### What I Liked Least

To get to Almeria, or to leave Almeria by plane there is always a stopover in Madrid or Barcelona. The city is quite isolated due to the lack of transport to the outer cities. And, of course, the duration of my Erasmus period (because of COVID [1 month instead of 5]) which meant that I couldn't travel much even though I visited the whole city.
MY MONTHLY BUDGET:

My travel expenses to my host university: 100€ for tolls and 50 for gas
Transportation: Train Castellanza Milan 5€
Housing: 300€
School supplies: 0€
Internet & telephone: 100€
Leisure: 30€ (semester sport subscription)
Food: 390€

MY ADVICE-TIPS

Living in the student residence was the best choice I made. Almost all the students (both Erasmus and Italian) lived in the residence. If you want to improve your Italian, don’t hesitate to chat to Italian students. Almost every Erasmus student asked to have a single room but it was almost impossible, except for those who had medical problem. Erasmus students leave their cooking stuff in the residence for the next students, so you don’t necessarily need to buy everything on-site when you arrive. They organize the free-market where you can choose all the stuff you need to cook.

You shouldn’t choose the easy way to meet people, you absolutely have to get out of your comfort zone by talking to people of different nationalities to discover their culture and make new friends from all over the world. If you want to meet people and progress in English, I advise you to choose the Erasmus evenings, which are Tuesday evenings in Italy and the times when you will go to cook.

WHAT I LIKED MOST

Living in the residence and being totally immersed with Italians. Meeting other Erasmus students. The common areas are a great to socialize, whether by eating, playing or specific activities. There are different associations within the school that organize various types of activities when it is great to meet new people and get used to the local culture of the country. You are close to lot of places such as Bergamo, Milan, Lago di Como, Varese etc.

WHAT I LIKED LEAST

Sharing a room. Set the limits straight away to avoid conflict.
MY STUDIES ABROAD

STUDENT(S): Chloé and Loïse

LANGUAGE(S): English
LEVEL: B1
TEST: TOEIC

NORWAY – Molde UNIVERSITY

MY CAMPUS & SCHOOL

The school specializes in logistics, there are 2,500 students and 250 are international including between 30 and 70 Erasmus students. The school right by the fjord, 5 min walk from the beach between 3 mins walk from Molde campus apartments and 7 mins from Kvam apartments. There is a grocery 5 min from the school. The International Relations team was available 24h/24 and 7/7 during the situation and helped us a lot. The school is always open. There is a gym on campus open 24h/24 and 7/7 for 45€ per semester. There is a direct bus line from the campus to the city center in 7min.

MY COURSES & ACTIVITIES FOR INTERNATIONAL STUDENTS

For the bachelor level, we had to choose 4 courses out of International Trade, Norwegian, Transport, e-Business, Distribution Planning and Green Logistics. The courses are given in English and we’re mixed in with all the nationalities. They are recorded and it is possible to see them again via the university website.

There are a few students associations (ESN Molde and IFRI) who organize trips like skiing, surfing, cabin and fjord trips; and activities like hiking, bonfires, ice bathing, and Argentinian tango. You can also play volleyball and football with a sports card with the university.

The university closed mid-March because of Covid19, we had online courses and online exams at home, and it was necessary to have our own laptop even without this situation because we took the exam on it.

MY MONTHLY BUDGET: 850€

- My travel expenses to my host university: 450€ Roundtrip
- Transportation: 50€ bus
- School supplies: 0€ (+ 50€/book)
- Leisure: 100€

- Housing: 460€ - 510€
- Internet & telephone: 0€ (WIFI)
- Food: 200€

MY ADVICE-TIPS

- Wifi everywhere but from 3 months sometimes you need to buy a new sim card for the phone.
- Bring your rain jacket and your hiking and skiing equipment
- Bring your backpack for your trips in Norway
- You don’t need to take your return flight

WHAT I LIKED MOST

- Road trips
- Outdoor activities in general
- Norwegian culture with the constitution day
- Almost all Norwegians speak English
- Meeting new people
- Skillingboller

WHAT I LIKED LEAST

- The weather change every time, it’s a raining city and it can snowing in may
- Small product range for food
- In general the products are more expensive than France
FINLAND - ROVANIEMI

UNIVERSITY
Lapin AMK - University of Applied Sciences

MY STUDIES ABROAD
LICENSE ECONOMIE GESTION PARCOURS MANAGEMENT

STUDENT(S): Laure-Anne, Lydie
LANGUAGE(S): English
LEVEL: B1
TEST: Toeic

MY CAMPUS & SCHOOL
The Rovaniemi campus isn't very big. All students are housed in shared residences with other Erasmus students. I recommend «DAS Lauri» or «DAS Eero.». They are closest to the university where most of the activities and student parties take place. Lapland University of Applied Science is a modern school with large classrooms, powerful computer equipment and many international students. Classes are really great and interesting. The university campus and residences are a 30-minute walk from Rovaniemi town centre. It is good to have a bicycle or take the bus, especially when it snows. At lunchtime there is a choice of meals for less than 3€ which is cheap as the cost of living is quite high.

MY COURSES & ACTIVITIES FOR INTERNATIONAL STUDENTS
The courses are very interesting, diverse and interactive. We had a lot of group work and orals which made it easy for us to become familiar with the language. The teachers were there to help us progress and were available at all times. The school's association ESN Lapland organized many activities throughout the year such as theme evenings, campfires, hikes, trips to Russia, Norway and Sweden.

MY MONTHLY BUDGET: 650 €
My travel expenses to my host university: 600 € (Round trip)
Housing: 300/400 €
Internet & telephone: 0 €
Transportation: 30 € (bus)
Food: 150 €
School supplies: 25 €
Leisure: 200 €

MY ADVICE-TIPS
- The gym is unlimited for 30€. Don’t hesitate to take this card if you like to do sports, it will allow you to keep yourself busy on days when the weather is not nice.
- Buy a bike. The price is low (you can get them for 50€) and it’s really useful! It helps reduce costs (30€ per month for a bus pass), to travel easily etc.
- Take a roommate! This will allow you to meet new people and improve your English.
- Don’t bring any furniture, utensils or anything and don’t buy any! In DAS Lauri there is a «recycling room» where the ex-students leave their blankets, cutlery, curtains ... and it’s open to everyone to collect everything necessary to spend the semester without ruining themselves.
- Join your year’s Facebook groups! This will allow you to get information before you arrive and ask questions.
- Bring very warm and thermal clothing and good walking shoes as you move around a lot on foot.
- Ask the locals about activities to do in order to avoid paying too high a price for tourist excursions.

WHAT I LIKED MOST
- The Finns are not very welcoming at first glance, but doesn’t matter because we often stayed among Erasmus students. The food in Finland is not as good as in France, and it is more expensive. There is little choice, less meat and fresh products due to the weather conditions in Lapland.

WHAT I LIKED LEAST
- What I liked the most were the extraordinary activities you can do in Lapland: dog sledding, aurora borealis, snowmobiling, cross-country skiing, fishing on frozen lakes ... If you want a change of scenery, this is an excellent place! You can also visit the village of Santa Claus, see reindeer ... It’s really a magical place.

If you like snow and the cold doesn’t bother you, I really recommend this place!
MY STUDIES ABROAD

IRELAND - Cork

University College Cork

STUDENT(S):
Clément, Pierre, Lucas

LANGUAGE(S): ENGLISH
LEVEL: B1
TEST: TOEIC

MY CAMPUS & SCHOOL

University College Cork is a historic university full of history. The University is a very important part of the city of Cork and is very well known. It has a very large campus where it is easy to get lost but the university app allows you to navigate. The campus is very well equipped, there is a large gym and free swimming pool available to students. The school is 20 minutes walk from the city center. Unlike in France, it is difficult to find university restaurants that are not very expensive, most students eat sandwiches on campus.

MY COURSES & ACTIVITIES FOR INTERNATIONAL STUDENTS

You should know that the Irish education system is very different from that in France. In fact, we had about 10 hours of lessons per week, all in a lecture hall. Foreign students and Irish students

MY MONTHLY BUDGET: 1252€

My travel expenses to my host university: 300€ (flight round trip)
Housing: 800 €
Internet & telephone: 0 €
Food: 200 €

Transportation: 2€ (Bike)
School supplies: 0 €
Leisure: 250 €

MY ADVICE-TIPS

WHAT I LIKED MOST
- Pubs
- The surrounding landscapes (Cobh, Kinsale, historic buildings)
- Meet people from new cultures
- The Linen Weaver (A very affordable bar)
- There are music groups in the street at night
- Free gym
- The generosity of the Irish

WHAT I LIKED LEAST
- The weather: the climate in Cork is complicated from January to March. Rain, wind, snow, and unexpected showers punctuated our stay during this period. The weather changes very quickly and it can do all 4 seasons in a single day.
- The price: the price of the accommodation is very high as well as the cost of living in general (food, outings, etc.).
- Bars and clubs close very early

Website:
https://www.ucc.ie/en/international/
I did my Erasmus exchange at Turiba University. It's a business school located in Riga where students can follow courses in English in Business Administration, Business Logistics Management, Computer Systems, International Communication Management, International Finance Management or Tourism and Hospitality Management. The university is composed of two buildings where different rooms are available for the students: cafeteria, canteen, library, computer room with printers and scanners, rest rooms, lockers and a cloakroom. It's not located in the city centre but well served with buses and trains. There is a special administration office for Erasmus students opened every day and the staff help students resolve any issue and answer any question. During my time at Turiba, I chose to follow 6 courses: Organizational Management, Business Ethics and Communication, Customer Behaviour in the Market, Marketing, Project Management and Event Management. Classes are held from Monday to Friday, starting for the earliest at 9am and finishing for the latest at 9pm. The timetable is quite light, each subject is once a week or once every two weeks, for three hours. Classes take place in small groups (5 to 15 people depending on the subject). The assessment system is the following: there are continuous tests and final exams that can take different forms: multiple choice, case studies, course questions, projects carried out during the whole semester... The grades are out of 10 points and the professors usually give a mark from 5 to 10. Because of COVID-19 the university used the intranet platform “BATIS” to give students all the information needed regarding the courses and plan online classes and exams.

**MY CAMPUS & SCHOOL**

- Look for accommodation as early as possible because a lot of international students go to Riga.
- Get the ESN card to get discounts in shops, restaurants and bars, and go on trips for Erasmus students (there are a lot of amazing destinations like Russia, Sweden or Lapland and it's not too expensive),
- Travel in other Baltic countries (Latvia, Estonia, Lithuania) by train or bus, it's cheap and there are a lot of beautiful cities and places to discover. You can also travel by plane to other countries like Sweden, Norway or Finland cheaply with the company Norwegian,
- Try local food in restaurants in the city centre (Folkklubs ALA Pagrabs and Rozengrals are my favourite ones),
- Take warm and waterproof clothes because in winter it's very cold with rain and snow,
- On the first week of class, check your timetable to make sure you don't have overlapping courses because it's often the case and make changes as quickly as possible.

**WHAT I LIKED MOST**

- The fact that it's very easy to travel inside the country or to other nearby countries at a low cost,
- To meet new people from all over the world and improve my English,
- To discover a new culture and traditions (food, national holidays),
- The fact that everything is cheaper than in France (food, clothes, restaurants, transport...).